

## **Publicity of Projects:**

### **Mat-Su Health Foundation, Sustainability Snapshot Implementation Grant-12-10**

Amount: \$8,620.69

*Sustainability Snapshot-report due- 7-29-2011*

From the Sustainability Snapshot report, AABA identified three priorities AABA would like to address. 1. Revenue 2. Visibility 3. Investigate merging and increase the board up to seven members and form three standing committees. Description of how AABA anticipates addressing each of the priorities: 1. Increase program fees by having a third workshop in 2011, and a fourth workshop in 2012. 2. Increase Pick, Click, Give awareness by advertising, and contracting the aid of a marketing/program director. 3. Investigate the options of merging with a larger organization and documenting community needs. Incorporate three board standing committees.

### **AdoptUSKids: 11-2010**

Amount: \$5,000

*Pilot RAVEN Respite Project- 10-1-10 to 10-1-11*

Parents have expressed that the Respite Program they want will have Respite Providers who are trained in Attachment Issues. AABA will provide the training to the Respite Providers and the parents. The Pilot Program will include 2-4 families or six to 24 children and parents including 4-6 Respite.

Thank you AdoptUSKids !!!!!

*The AdoptUSKids grant will cover the cost of the Respite Trainer; Respite Facilitator for 140 hrs @ \$7.00 an hour, 4 kids/four families for one month; Training ten Parents and/or Providers; and supplies.*

### **Mat-Su Health Foundation, Target Wellness Grant: 9-26-2010**

Amount: \$4125.00

*Four Month Injection- October, November, December 2010 to January-2011*

The Four Month Injection funding will be used for operating costs for AABA to continue their advocacy and programs for Parents Parenting Severely Disturbed Children that have Attachment Disorder. AABA's programs help parents find resources in their community, so they can keep their children in their homes instead of placing them in institutions. AABA helps the parents to understand their children's bizarre behavior exhibited because of mental health issues due to early traumas, and prevent some from trying suicide or mistreatment of others. AABA provides education through workshops on Attachment Disorders (Two workshops, one in May and the other in November). AABA also provides a web-site, bi-monthly newsletters, information resources, lending, advocacy through e-mail & telephone support, community meetings, and public awareness about early childhood issues.

Thank you Mat-Su Health Foundation!!!!

*AABA is able to pay the rent, electric and phone bills for four months and enable AABA to continue helping the Parents Parenting Severely Disturbed Children that have Attachment Disorder to have access to AABA's programs, lending library and advocacy.*

### **The Alaska Mental Health Trust Authority, Grant: 11-8-2010**

Amount: \$10,000

*Lending Library Expansion- January 1, 2011 to December 31, 2011*

The lending library expansion will expand the lending library through acquisitions of: new editions, DVD's TV/DVD, TV Cart, bookcases, computer desk, and office space. Resources for adoptive, foster and kinship care parents and professionals who care for children diagnosed with mental health issues, such as RAD (reactive attachment disorder) are scarce within the Mat-Su Valley. Five books on RAD were found to be available. Parents are struggling with their children's bazaar behaviors and desperately searching for why, how and what to do about their children diagnosed with RAD. The Lending Library is a great resource for Alaska.

Thank you Alaska Mental Health Trust Authority!!!

*AABA will purchase approximately 196 books, 38 DVD's on attachment disorder, five piece interlocking bookcase, computer desk, TV/DVD Combo, and TV Cart. AABA will use 44% of the office space as the Lending Library starting January 1, 2011.*

**Mat-Su Health Foundation, Target Wellness Grant: 3-29-10**

Amount: \$1991.00

*Lending Library: June 1, 2010 to September 30, 2010*

AABA's Lending Library is a resource, used by parents, children and professionals. AABA lends the books out for up to one month. If the participants cannot come to the library AABA mails the books to them. AABA has a need to update the lending library with updated and new information and copies of popular books about Attachment Disorder. AABA would like to purchase approximately 250 new and extra copies of existing books that have waiting lists. AABA requires two additional book cases approximately 35" wide and 84" tall with six shelves that will be added to AABA's other book cases. To have AABA's website, ([www.akattachment.org](http://www.akattachment.org)) Lending Library section, updated with the new books and designed for easy usage.

Thank you Mat-Su Health Foundation!!!!

*AABA was able to purchase approximately 40 books, book case and updated the Lending Library on the website for easy usage.*

**Totem Ocean Trailer Express, Inc: 12-15-2009**

Amount: \$1,000.00

*Support of services: January 1, 2010 to December 31, 2010*

Operating Expense to help Alaska Attachment & Bonding Associates support its mission in 2010, and to provide programs to strengthen adoptive and foster families. As the only State-Wide organization, AABA keeps the knowledge of Attachment Disorder available to parents and professional seeking answers to their children's behaviors. Without this knowledge, many parents will place their out-of-control children in Residential Treatment Centers, many out-of-state.

Thank you! Totem Ocean Trailer Express, Inc!! for your support in AABA's programs and services.

*AABA was able to meet financial obligations that allowed AABA to provide a June Workshop.*

**Mat-Su Health Foundation, Target Wellness Grant: 5-19-2009**

Amount: \$3,338

*General Operating Assistance: May 19, 2009 to October 31, 2009*

To allow Alaska Attachment & Bonding Associates to continue their advocacy for People Parenting Severely Disturbed Children that have Attachment Disorder. AABA's programs help adoptive, foster, kinship care, and guardianship parents find resources in their community, so they can keep their children in their homes instead of placing them in institutions. AABA helps the parents to understand their children's bizarre behavior exhibited because of mental health issues due to early childhood traumas and maltreatment. Parents will be better informed in finding the correct professional help for their children to heal from these early childhood traumas, and prevent some from trying suicide or mistreatment of others. AABA provides education through workshops, website [www.akattachment.org](http://www.akattachment.org), newsletters, information resources, and lending library, advocacy through e-mails, community meetings, telephone counseling, individual meetings, and public awareness about early childhood issues.

**FY 2009 Mat-Su Human Services Community Matching Grant: 7-1-08**

Amount: \$10,000

*Workshops on Attachment Disorders: July 1, 2008 to June 30, 2009*

Alaska Attachment & Bonding Associates (AABA) has been offering workshops to adoptive, foster, and kinship care parents of children suffering trauma in early childhood suffering trauma in early childhood and professionals, for three years. AABA offers scholarships to parents and caregivers.

The workshops received outstanding reviews: "Better understanding of our kids." The next workshops will be offered in August 2008 and February and May 2009, with over 150 in attendance.

Attachment Issues knowledge is important in our community because of the severe neglect and abuse of children. Additional trauma is caused when children are removed from their birth parents' care and placed in a "new" family. The "new" parents are overwhelmed with their children's behavior.

AABA strives to support parents so they can maintain their children in their homes. AABA's mission is to support healthy family attachments and bonds through education and advocacy.

*AABA was able to provide two workshops for the adoptive, foster, kinship care, and guardianship parents and professionals who care for children diagnosed with attachment disorder: August 18<sup>th</sup> & 19<sup>th</sup>, 2008 and May 16<sup>th</sup> & 17<sup>th</sup>, 2009, thanks to the support of the Mat-Su Human Services Community matching Grant.*

**Mat-Su Health Foundation: 4-30-08 (Community Wellness)**

Amount: \$10,000

*Sustainability for Marketing & Promotions: May 23, 2008 to June 30, 2009*

This Project is to advocate for People Parenting SED (Severe Emotionally Disturbed) Children. This project will benefit children who have experienced early childhood traumas. By helping parents find resources in their community, this project will assist parents to keep children in their homes instead of placing them in institutions. Also, finding resources for understanding their children's bizarre behaviors because of mental health issue due to early childhood traumas, parents will be better informed in finding the correct professional help for their children to heal from early childhood trauma.

This project will be developed using radio advertising, PSA's links with other web-sites, Community meetings, health Fairs throughout Alaska and newspaper advertising. The public will become aware of Alaska Attachment & Bonding Associates and recognize the services available to children and families. The web-site redesigns will reflect the information about services available in Alaska, which care for children with Reactive therapy, where to go for assessments, residential treatment centers that accept Denali Kid Care and Medicaid, and AABA's workshops. The new web-site will include an up-dated history of AABA, what's available in AABA's lending library, Signs and Symptoms and a definition of Reactive Attachment Disorder, and newsletters.

Marketing and Grant Writing Courses will help sustainability for Marketing, Promotions and Projected Growth. These courses will be taken by the Administrative Assistant and the CEO.

*AABA had the opportunity to market and promote the workshops on the KMBQ radio station's Community Corners and with KMBQ's PSA's ad package, which provided AABA with 240 radio ads with the support of Mat-Su Health Foundation (thank you!) and KMBQ's donation (thank you! John Klapperich and Becky Nichols). AABA was able to increase the workshop participation by 48%. And the awareness of Alaska Attachment & Bonding Associates has also increased. (We had participants at the May workshop that traveled from Missouri and Colorado.) AABA Web-site [www.akattachment](http://www.akattachment) has a new look with up-dated information and more information being added as it comes to AABA. AABA's administrative assistant has taken the grant writing course and received a Certificate of Completion from the online course. The Marketing course starts August 19, 2009.*

**Wal-Mart State Foundation Grant: 8-5-08**

Amount: \$5,000

*Two Workshops: Two Two-day workshops about:*

Attachment Disorders (RAD) Part I, Signs & Symptoms of Attachment Disorder, Part II, Assessment & Treatment, Part III, Brain Trauma, Part IV, Creating a System of Care.

After the parents and professionals attend the first workshop they may attend a more advanced two-day workshop about Reactive Attachment Disorder. The first advanced workshop will be offered in May 2009. Reactive Attachment Disorder touches the lives of many, from parents, teachers, social workers, mental/medical providers, child care providers, police, attorneys and judges. The parents often look outside the community to an out-of-State treatment facility when they are unable to find services in their community. The day-to-day life with an emotionally traumatized child often leaves the parents believing they have no other choice than to send these children out-of-State.

These workshops will address the family's need for assistance and education in recognizing the symptoms and methods that benefit the families and deep them together.

*AABA was able to provide two workshops for adoptive, foster, kinship care, and guardianship parents and professionals who care for children diagnosed with Attachment Disorder. Workshops were held: August 18<sup>th</sup> & 19<sup>th</sup>, 2008 and May 16<sup>th</sup> & 17<sup>th</sup>, 2009.*

*Thanks to the support from Wal-Mart State Giving Grant. Thank you! Wal-Mart Associates of Wasilla.*

**Alaska Railroad Corporation: 10-20-2008**

Amount: \$2,200

*Support of 2-day training session on Attachment Disorders*

To cover some of the expenses for our 2-day training Session (workshop) with an Expert Trainer who specializes in Attachment Disorder. The course offers in-depth training over two days. This workshop educates adoptive, foster, kinship care, guardianship parents and professionals to understand behaviors of children experiencing early childhood traumas and loss, such as Attachment Disorder.

*AABA was able to provide the advanced workshop for adoptive, foster, kinship care, and guardianship parents and professionals who care for children diagnosed with Attachment Disorder. Workshop was held: May 16<sup>th</sup> & 17<sup>th</sup>, 2009. Thanks to the support from Alaska Railroad Corporation. Thank you Alaska Railroad!*