#### **Syllabus:**

#### 1. Learning objectives:

- 1. Identify the signs of attachment issues and be able to name at least 10.
- 2. Discuss ways the important parts of the brain can be activated to work more effectively and name at least 5.
- 3. Discuss the main requirement to conscience development.
- 4. Discuss and create a plan to rebuild a broken bond and name the 5 keys to bonding.
- 5. Discuss appropriate interventions to problem behaviors and be able to describe at least two.

## 2. Target audience

"Mental and Behavioral Health Professionals."

### 3. Targeted practice categories:

Appropriate for beginner, intermediate and advanced levels of Psychologists, Social Workers, Counselors, Therapists and Teachers.

#### 4. Instructor and credentials:

Vitae Instructor: Nancy Thomas

Mother, grandmother, adoptive mom and foster mom, has worked as a Therapeutic Parenting specialist with children who had AD, RAD, PTSD, Aspergers, ritualistic abuse, ADD, ADHD, ODD, Tourette's Syndrome and Bipolar Disorder. She has shared her life and home for over 35 years with severely emotionally disturbed children. She has an 85% success rate with these high-risk children, which is one of the highest in the country. An author and educator specializing in bonding and conscience development,

she has trained over 50,000 parents and professionals throughout the world with her effective methods.

#### 5. Fees, including what is covered and deadlines for cancellations and refunds:

Workshop is \$150 per person, additional \$20 for CEs. No cancellations or refunds after April 13, 2012.

#### 6. Outline or agenda:

Outline:

8:30 Spotlight on the problem

10:00 Break

10:15 Building brilliant brains

11:30 Overview of effective interventions

Lunch 12-1:00 pm

1:00 Conscience development

1:30 Rebuilding the foundation

2:00 Understanding defiance

2:30 Break

2:45 Solutions to problem behaviors

4:00 Specific interventions to help Challenging Children

5:00 The future outlook

5:30 Closing

#### 7. Continuing education hours offered:

7.5 CE Credits

#### 8. Approval information by jurisdiction or approver:

Continuing Education (CE) credits for mental health professionals are being offered through PsychoEducational Resources, Inc. (PER).

PER is approved by the American Psychological Association to sponsor continuing education for psychologists. PER maintains responsibility for this program and its content.

PER is an NBCC Approved Continuing Education Provider (ACEP) and a co-sponsor of this program. PER may award NBCC approved clock hours for programs that meet NBCC requirements (Approval # 5536). Please check with your state counseling board to see if they accept the NBCC providership.

PER is approved as a provider for continuing education by the Association of Social Work Boards, 400 South Ridge Parkway, Suite B, Culpepper, VA 22701. www.aswb.org. ASWB Approval Period: 4/15/09 - 4/15/12 (renewal is pending). Social workers should contact their regulatory board to determine course approval. The following recognize the ASWB program: AK, AL, AZ, CT, DC, DE, GA, ID, IN, IA, KY, MA, MD, MI, MO, MS, MT, NM, NC, ND, NJ, OK, OR, PA, RI, SC, TN, TX, UT, VA, VI, VT, WA, WI, and WY.

PER is approved as a Continuing Education Provider by the National Association of Alcoholism and Drug Abuse Counselors (NAADAC) Provider #374 (exp. September 30, 2013). The individual sessions in this conference cover the following counselor skill groups: clinical assessment, ongoing treatment planning, counseling services, and legal, ethical and professional growth.

PER maintains responsibility for this program and its content.

For additional CE information please call PER at 800-892-9249 or e-mail <a href="mailto:support@per-ce.net">support@per-ce.net</a>.

# **9.** Instructions for requesting special accommodations for disability (ADA) Laura Wagner, 907-376-0366, laura@akattachment.org

# 10. Completion requirements, e.g. completing the course evaluation, participation in the entire course, etc.

Must attend the entire training, complete the training evaluation, sign in and out of the training, and complete a CE Request Form before leaving the training.

#### 11. Statement of when and how certificate will be awarded.

CE certification will be mailed to you approximately 4-6 weeks from the conclusion of the training.

# 12. Clear identification of which sessions within a program are credit or non-credit.

Spotlight on the problem
Building brilliant brains
Overview of effective interventions
Conscience development
Rebuilding the foundation
Understanding defiance
Solutions to problem behaviors
Specific interventions to help Challenging Children

The future outlook

#### 13. Instructions for addressing grievances, contact information:

If you have a grievance please contact Laura Wagner-907-376-0366-<u>laura@akattachment.org</u> or Jenny Sullivan-<u>support@per-ce.net</u>